

The Kitchen

TAKE AWAY MENU

SIDES

Gourmet French Fries	£3.45
Cajun Fries (h)	£3.95
Sticky Chilli Fries	£3.95
Garlic Fries	£3.95
Truffle Fries	£3.95
Sweet Potato Fries	£4.95
Basmati Rice	£2.95
Extra Virgin Olive Oil Mashed Potato	£3.95
Coleslaw	£2.45
Potato Latke	£3.95
Sauerkraut	£2.95
Israeli Salad	£2.95
New Green Cucumbers	£1.50
Pickle Gherkin	£1.50
Green Beans	£3.95
Broccoli	£3.95

APPETIZERS

Edamame (v)	£4.95
Mini Egg Rolls (v)	£5.95
Chopped Liver	£5.95
BBQ Wings	£5.95
Blackened Cajun Chicken Wings	£5.95
Tamarind Spiced Chicken Wings	£5.95
Grilled Chicken Caesar Salad	£6.45
Chicken Satay	£5.95
Classic Hummus (v)(p)	£5.95
with tahini, warm chickpeas	
Hummus Falafel & Boiled Egg(v,p)	£6.95
Hummus Royale	£7.95
with Spiced Beef Mince & Pine Nuts	
Hummus Shawarma	£9.45

CALL TO ORDER

020-8905-4488

www.thekitchen-restaurant.co.uk

MAINS

Kitchen Fish & Chips (p)	£13.95
Bangers & Mash	£13.95
Hot Salt Beef	£15.95
Platter with coleslaw, fries & sauerkraut	
Sautéed Chicken Liver with Mash	£13.95
Chicken Schnitzel with Chips & Salad	£15.95
Spaghetti Bolognese	£16.95
with Chicken Schnitzel	

GRILL

Choose your side: Israeli salad, Chips or rice

Chicken Shishlik	£16.95
Grilled Chicken Skewer	£18.95
Grilled Lamb Skewer	£18.45
Baby Lamb Chops	£20.95
Grilled Salmon Steak (300g) (p)	£18.95
Mixed Grill Skewers	£22.95
Three Skewers of Grilled Chicken breast, Grilled Lamb & Entrecote Steak	
Entrecote Steak (300g)	£22.95
Half Flame-Grilled Chicken	£16.95
with your choice of either Piri Piri, BBQ or Burnt Lemon & Herb	

BURGER BAR

*All Beef Burgers are made with our own recipe
using 100% beef steak mince (220g)*

The Kitchen Burger	£8.95
Lettuce, tomato, red onion & mayonnaise	
The Full English Burger	£9.95
Fried egg, fakon, tomato and brown sauce	
The Holy Guacamole	£10.45
Avocado, coriander, lime, chilli and onion topped with tortilla chips	
Double Fakon Cheat Burger	£11.95
Two prime beef burgers with lettuce, tomato, onion and mayonnaise, topped with Smokey Fakon & soya cheese	
The Caveman	£11.45
Two prime beef burgers with lettuce, tomato, onion, smokey fakon and pickles. No bun	
Kosher Freakin' Chicken Burger	£8.95
Fried chicken fillet with lettuce, tomato, onion and garlic mayonnaise in a bun	
Grilled Rancher	£8.95
Grilled chicken breast served in a toasted bun with lettuce, tomato, onion and homemade BBQ Sauce	
Fish Finger Burger	£8.95
Chunky haddock fish fingers in crispy bread crumbs topped with tartar sauce, lettuce and a gherkin	
Falafel	£7.95
Homemade falafels, hummus, harissa, pickled cucumbers & tahini sauce	
Extra	
Smokey fakon	£1.95
Soya cheese, Fried onion	£0.95

SANDWICHES- BAGUETTES

Chopped Liver Sandwich	£5.95
Salt Beef Sandwich (Small)	£7.95
Salt Beef Sandwich (Large)	£10.95
Chicken Schnitzel Baguette	£8.45
Lettuce, tomato, mayo, sweet chilli sauce	
Grilled Cumberland Sausages	£8.45
With fried onions	
BLT Baguette	£8.95
Fakon, lettuce, tomato, mayo	
Grilled Chicken Skewer (breast)	£8.45
Hummus, fried onions, lettuce, tomato	

HOT DOGS

The Classic Dog	£7.95
Hot Dog with onions	
The Mother of All Dogs	£10.95
Hot Dog with Salt Beef & fried Onions	

PAN ASIA

Kitchen Noodles (h)(v)	£11.95
Stir-fried noodles with green beans, mushrooms and beansprouts in teriyaki, garlic and sweet ginger sauce, all topped with roasted sesame seeds	
Pad-Thai (h)(v)	£11.95
Stir-fried noodles, egg, cabbage, bean sprouts, carrots, spring onion, all topped with roasted peanuts	
Add: Chicken	£2.95
Add: Beef	£3.95
Firehouse Chicken Curry (h)	£15.95
Strips of chicken with chinese vegetables in a Thai curry sauce, served on a bed of rice.	
Big Pan Asia (h)	£18.95
Strips of beef and chicken with mushrooms, string beans & Chinese vegetables in teriyaki, garlic and sweet ginger sauce over a bed of steamed rice.	
Steak & Green Beans (h)	£16.95
Sautéed thin strips of steak with green beans in soya sauce, garlic, and sweet chilli, served with fluffy basmati rice. Chicken	
Teriyak	£12.95
Breaded deep-fried breast of Chicken served on sushi rice with teriyaki sauce	
Salmon Teriyaki	£13.95
Grilled Salmon Steak served on sushi rice with teriyaki sauce	

SOFT DRINKS

Coca-Cola, Diet Coke, Coke-Zero, Sprite, Diet 7up, Fanta, Appletiser, Evien, Perrier	£1.95
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SOUP

Chicken Noodle Soup with Matzo Ball	£5.45
Soup of the Day (v) (p)	£5.45

(p) Pareve | (v) Vegetarian | (h) Hot/Spicy